

Ayurved Mahavidyalaya, Sion, Mumbai
National Service Scheme
Annual Report 2021-22

1. 7th International Yoga Day (21/06/2021)

NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted 7th International Yoga Day on 21/06/2021 at Ayurved Mahavidyalaya, Sion.



2. Swatchata Pakhwada (From 01st to 15th August)

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- ✓ With Reference to the circular MUHS/SW/NSS/680/2021 Dated 04/08/2021 NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted Swatchata Pakhawada During 01st to 15th August 2021



- ✓ NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai had Distributed N95 Masks to the needy people at Kalwa (13/08/2021)



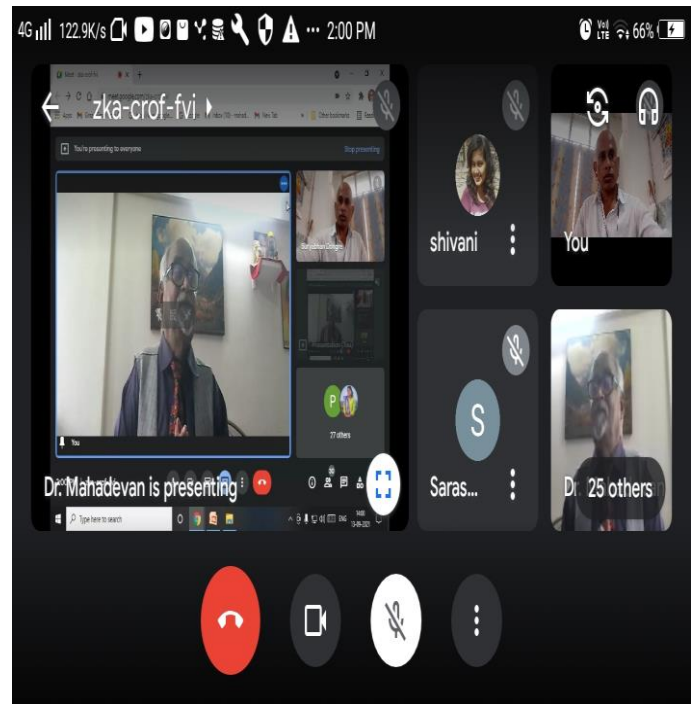
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3. Organ Donation Awareness Campaign (13/08/2021 to 20/08/2021):

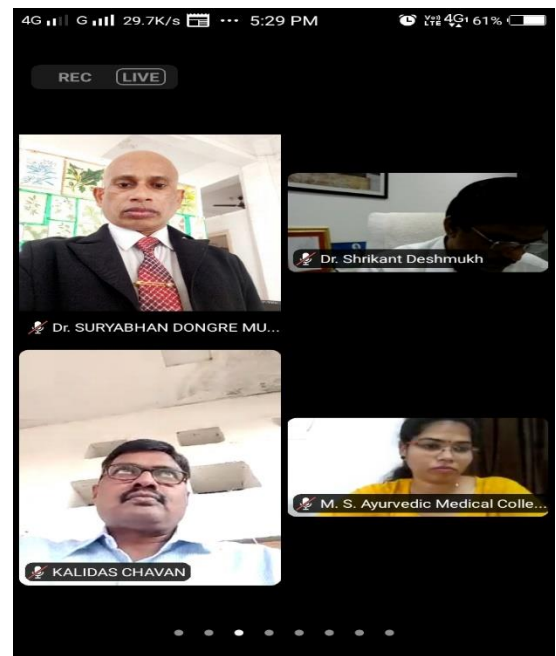
- ✓ With Reference to the circular MUHS/SW/NSS/688/2021 Dated 06/08/2021 NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted Online guest lecture, Workshop & Discussion to spread the Organ donation awareness during 13/08/2021 to 20/08/2021



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4. Stree Shaktikaran (07/10/2021 to 19/10/2021)

NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai attended Online guest lecture on Stree Shaktikaran during 07/10/2021 to 19/10/2021 and NSS Program Officer Dr. S. S. Dongre delivered a lecture on Stree Shaktikaran on 19th October 2021.



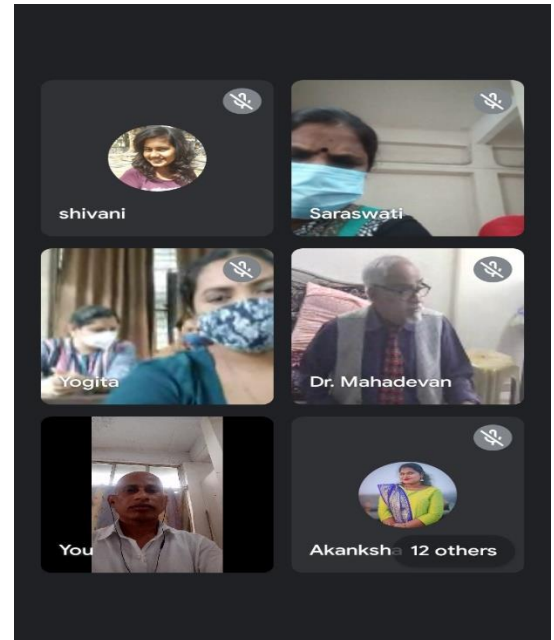
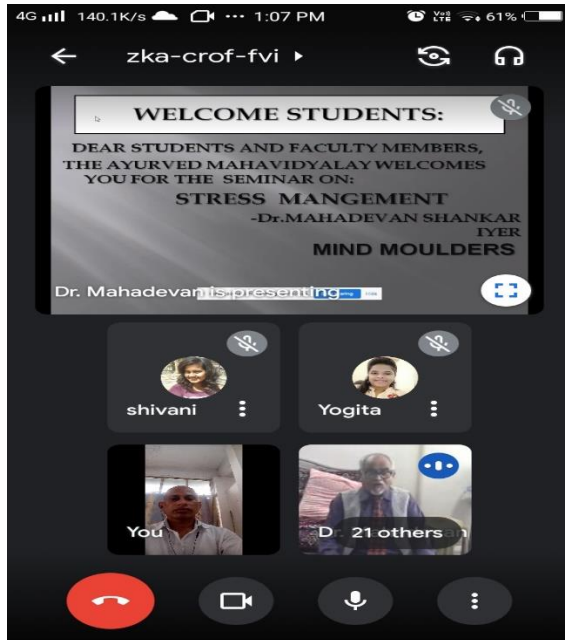
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5. Stress and Time Management: (13/11/2021)

NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted Online guest lecture of Dr. (Adv.) Mahadevan Shankar Iyer on “Stress Management and Time Management” at Online platform by Zoom Application on 13/11/2021.



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6. 6th National Ayurved Day: (Poshana Karita Ayurved) 02/11/2021

NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted 6th National Ayurved Day with the them of "Poshana karita Ayurved" on the occasion of Dhanvantari Jayanti on 02/11/2021



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7. Dr. Babasaheb Ambedkar Death Anniversary (06/12/2021)

NSS Volunteers, Program officer and institutional staff conducted Dr. Babasaheb Ambedkar Death Anniversary on 06/12/2021 at Ayurved Mahavidyalaya, Sion, Mumbai



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8. Swatchta Abhiyan (20/12/2021)

- ✓ NSS volunteers made an awareness in patients and visitors in Ayurved Mahavidyalaya, Sion, Mumbai on 20/12/2021.
- ✓ Also volunteers demonstrated hand wash demo in Ayurved Mahavidyalaya, Sion, Mumbai



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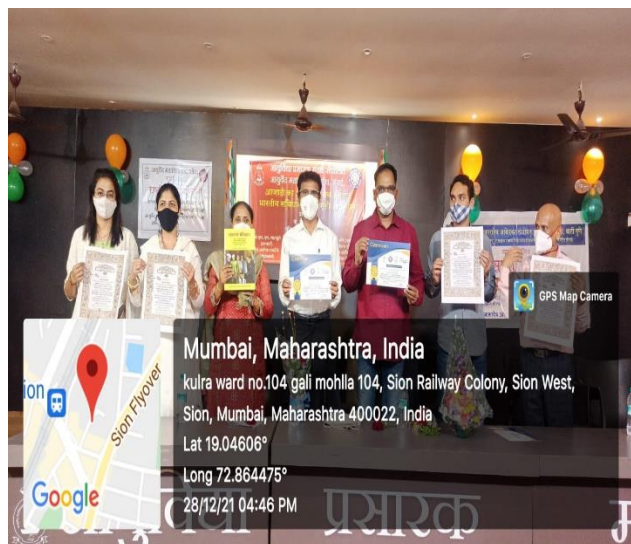
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9. Azadi Ka Amrit Mahotsav: Indian Constitution Day Awareness Campaign (28/12/2021):

On the occasion of Indian Constitution Day NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai has celebrated it by conducting following activities-

1. Reading of the preamble- Activity at Ayurved Mahavidyalaya, Sion, Mumbai. Total 33 participants along with NSS officers, Teachers, and UG Students and Office staff were present for the activity
2. Dissemination of public messages on Fundamental duties
3. Pledge on fundamental duties
4. Essay Competition were conducted on 20/12/2021
5. Swachata Abiyan on the occasion of Sent Gadagemaharaj Death Anniversary on 20/12/2021
6. Rangoli Competition on 28/12/2021
7. Poster Competition on 28/12/2021
8. Elocution Competition on 28/12/2021
9. Quiz Competition on 28/12/2021
10. Lecture on Indian Constitution by Hon. Mr. Vishal Hivale on 28/12/2021
11. Prize Distribution & Valedictory function on 28/12/2021



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10. KrantiJyoti Savitribai Phule Birth Anniversary (03/01/2022)

Krantijyoti Savitribai Phule Anniversary is celebrated on 03/01/2022 by NSS Unit in College



APM'S AYURVED MAHAVIDYALAYA, SION, MUMBAI



- ❖ **Savitribai Phule** (3 January 1831 – 10 March 1897) was an Indian social reformer, educationalist, and poet from [Maharashtra](#).
- ❖ She is regarded as the first female teacher of India. Along with her husband, [Jyotirao Phule](#), she played an important and vital role in improving women's rights in India.
- ❖ She is regarded as the mother of Indian feminism.
- ❖ She worked to abolish the discrimination and unfair treatment of people based on [caste](#) and gender.
- ❖ She is regarded as an important figure of the social reform movement in Maharashtra.
- ❖ A philanthropist and an educationist, Phule was also a prolific [Marathi](#) writer.



Best Wishes on the Occasion of Krantijyoti Savitribai Phule Jayanti

(3 January 1831 – 10 March 1897)

Regards

NSS Unit, APM's Ayurved Mahavidyalaya, Sion, Mumbai
(03/01/2022)



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11.Suryanamaskar (14/01/2022):

With reference to the circular MUHS/SW/NSS/71/2022 Dated 12/01/2022 NSS unit of Ayurved Mahavidyalaya, Sion, Mumbai Conducted Suryanamaskar on 14/01/2022 at Ayurved Mahavidyalaya, Sion, Mumbai



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12. National Voting Day (25/01/2022):

With reference to the circular MUHS/SW/NSS/81/2022 Dated 18/01/2022 NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated National Voting Day by taking Pledge for Voters at Ayurved Mahavidyalaya, Sion, Mumbai.



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13. Republic Day (26/01/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated Republic Day at Ayurved Mahavidyalaya, Sion, Mumbai.



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14. Chatrapati Shivaji Maharaj Jayanti (19/02/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated Chatrapati Shivaji Maharaj Jayanti at Ayurved Mahavidyalaya, Sion, Mumbai.



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15. Sant Gadge Baba Jayanti (23/02/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated Sant Gadge Baba Jayanti at Ayurved Mahavidyalaya, Sion, Mumbai.



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16. International Woman's Day (08/03/2022):

With reference to the circular MUHS/SW/NSS/281/2022 Dated 02/03/2022 NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated International Woman's Day at Ayurved Mahavidyalaya, Sion, Mumbai.



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17. Birth Anniversary of Mahatma Jyotirao Phule And Vishwaratna Dr. Babasaheb Ambedkar 21st April 2022:

With reference to the circular MUHS/SW/NSS/449/2022 Dated 04/04/2022 NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated **Birth Anniversary of Vishwaratna Dr. Babasaheb Ambedkar & Mahatma Jyotirao Phule** at Ayurved Mahavidyalaya, Sion, Mumbai by organising Guest Lecture on “Roll of Mahatma Jyotirao Phule & Vishwaratna Dr. Babasaheb Ambedkar In Nation Building”. Prof. Dr. Sandesh Wagh, Professor, Department of History, University of Mumbai was invited as a Guest Speaker.



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