

APM'S Ayurved Mahavidyalaya, Sion, Mumbai
National Service Scheme Unit

Birth Anniversary of Gautam Buuddha (16/05/2022):

National Service Scheme Unit Ayurveda Mahavidyalaya Shiv, Mumbai had organized "Anapan-Sati" Vipassana program on the occasion of Birth Anniversary of Mahakarunik Tathagata Gautam Buddha and “Azadi Ka Amrut Mahotsav”. Vaidya Rajesh Kolarkar Y. M. T. Received invaluable guidance from Ayurveda College, Kharghar, Navi Mumbai.

Hon'ble Principal Vd. Sanjay Satpute Sir Other Faculty, Nurses, Staff and Patient reported significant attendance. Yoga teacher Varsha Hiwarale also addressed the program.

Dr. Arun Dudhamal Thanked to the Respected Dr. Ashanand Sawant Sir, Vd. Sham Nabar Sir and all the trustees, professors and staff for celebrate the Birth Anniversary of Gautam Buddha.

The event was followed by kheer-dan and fruit distribution.

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**Birth Anniversary of Mahatma Jyotirao Phule And Vishwaratna Dr. Babasaheb Ambedkar:
21st April 2022:**

With reference to the circular MUHS/SW/NSS/449/2022 Dated 04/04/2022 NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated **Birth Anniversary of Vishwaratna Dr. Babasaheb Ambedkar & Mahatma Jyotirao Phule** at Ayurved Mahavidyalaya, Sion, Mumbai by organising Guest Lecture on “Roll of Mahatma Jyotirao Phule & Vishwaratna Dr. Babasaheb Ambedkar In Nation Building”. Prof. Dr. Sandesh Wagh, Professor, Department of History, University of Mumbai was invited as a Guest Speaker.



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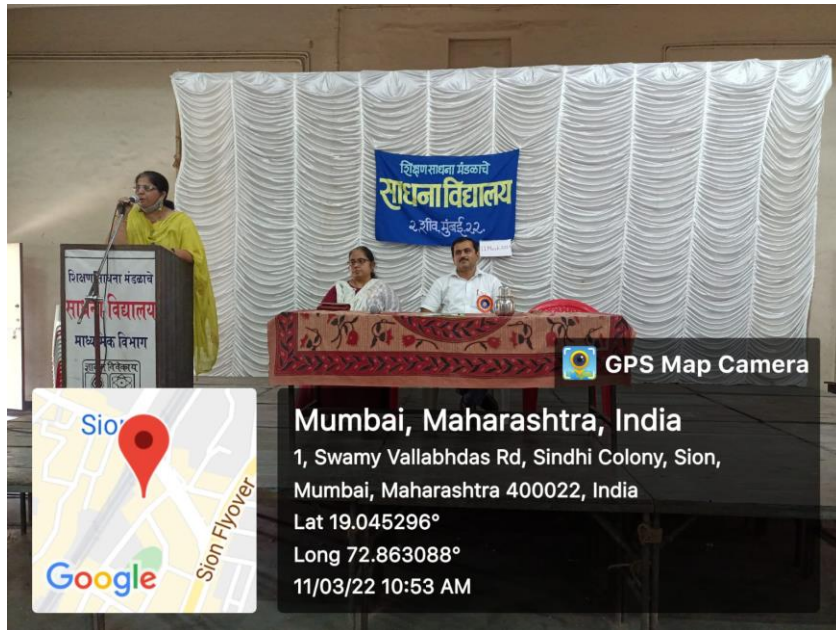


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Chatrapati Shivaji Maharaj Jayanti (19/02/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated **Chatrapati Shivaji Maharaj Jayanti** at Ayurved Mahavidyalaya, Sion, Mumbai.







**MINISTRY OF AYUSH
GOVERNMENT OF INDIA
NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE, INDIA [NCISM]**

“AZADI KA AMRIT MAHOTSAVA”

75th ANNIVERSARY OF INDIAN INDEPENDENCE

**REPORT OF AWARENESS PROGRAM REGARDING COVID 19
VACCINATION AND IMPORTANCES OF HEALTH AND HYGIENE IN
CHILDREN**

On the Occasion of 75th Anniversary of Indian Independence “**AZADI KA AMRIT MAHOTSAVA**”, APMs AYURVED MAHAVIDYALAYA SION MUMBAI 22 and Shikshan Sadhana Mandal's Sadhana Vidyalaya, Sion had successfully organized “Awareness Program Regarding Covid 19 Vaccination and Importance of Health and Hygiene in Children” on 11th March, 2022 at Sadhana Vidyalaya.

“Awareness Program Regarding Covid 19 Vaccination And Importances Of Health And Hygiene In Children” commenced at 10.30 am. The Guest speaker was Dr. Pravin Patil (Assistant Professor, Samhita Department) guided the school children about importance of vaccination against Covid – 19. He also guided students that getting covid 19 vaccines is useful to prevent spread of covid 19 as it reduces risk of getting infected by the virus. If exposure to a disease occurs in community, there is a little or no risk of an epidemic if people have been immunized. Some parents may hesitate to have their kids vaccinated. They have questions or worry that a child might have a serious reaction or get the illness the vaccine prevents. But the components of vaccine are weakened or killed. In some cases, only parts of the germ are used so they are unlikely to cause any severe illness. There are some situations in which an infant or child should not receive a specific vaccine or formulation of vaccine such as if they have a history of severe allergic reaction.

Almost 200 students were benefitted through this lecture. It was a pleasure to see the students listening to the lecture carefully. The Program was very well and smoothly conducted on time. Some surveys show that many children belonging to 15 to 18 age group refused to take vaccines due to misconceptions about effect of vaccination hence It was needed to conduct such programmes as to create awareness regarding covid vaccination in children

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International Woman's Day (08/03/2022):

With reference to the circular MUHS/SW/NSS/281/2022 Dated 02/03/2022 NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated International Woman's Day at Ayurved Mahavidyalaya, Sion, Mumbai.



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KrantiJyoti Savitribai Phule Birth Anniversary (03/01/2022)

KrantiJyoti Savitribai Phule Anniversary is celebrated on 03/01/2022 by NSS Unit in the College



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National Voting Day (25/01/2022):

With reference to the circular MUHS/SW/NSS/81/2022 Dated 18/01/2022
NSS Unit of

Ayurved Mahavidyalaya, Sion, Mumbai celebrated National Voting Day by
taking

Pledge for Voters at Ayurved Mahavidyalaya, Sion, Mumbai.



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National Service Scheme,
Ayurved Mahavidyalaya Sion Mumbai

National Service Scheme provides the students an opportunity to understand the community; identify its needs and problems as well as the solutions in which they can be involved by assuming social and civic responsibilities. NSS also provides students with the opportunity to apply their education in finding practical solutions to the problems faced by the individuals and the community at large. NSS aims at arousing social consciousness of the youth with an overall objective of personality development through community service. NSS enables students to participate in various programmes of social service and national development, and to help the community.

development of personality of students through community service.

students from Universities, Colleges and Institutions of higher learning have benefited from the NSS activities, as student volunteers.



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Republic Day (26/01/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated Republic Day at Ayurved Mahavidyalaya, Sion, Mumbai.



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Sant Gadge Baba Jayanti (23/02/2022):

NSS Unit of Ayurved Mahavidyalaya, Sion, Mumbai celebrated Sant Gadge Baba Jayanti at Ayurved Mahavidyalaya, Sion, Mumbai.





**MINISTRY OF AYUSH
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**AYURVIDYA PRASARAK MANDAL'S
AYURVED MAHAVIDYALAYA SION, MUMBAI-22**

“AZADI KA AMRIT MAHOTSAVA”

75th ANNIVERSARY OF INDIAN INDEPENDANCE

SHLOKA RECITATION COMPETITION

Name of students	Pronunciation(10)	Recitation(10)	Rhythm(10)
JYOTIKA SABAT	5	6	5
SAYALI DOKE	7	4	2
KAJAL SHYAM GANORKAR	6	2	3
RUCHA GULHANE	4	3	5
SHRADDHA JOSHI	7	7	7
AYAZ AHMED KHAN	3	5	4
MANALI MADAGE	8	8	8
YASH RAJESH PANDEY	6	4	3
DARSHAN PADHYE	5	5	5
KUNAL RAJPUT	4	2	6
VAIBHAV SONAR	4	3	5
ADITI SONAWANE	3	5	4
AYUSHI PRAKASH SRIVASTAVA	5	5	6
ROSHNI WATWANI	5	4	4

EXAMINER:-

1 .VD. ANAYA PATRIKAR

2. VD. GANESH PURADKAR

**DR PRAVIN PATIL
CO-ORDINATOR**

**VD RAVI MORE
VICE-PRINCIPAL**

**VD ASHOK RAMTEKE
VICE-PRINCIPAL**

**VD S. M. SATPUTE
PRINCIPAL**

REPORT OF SHLOKA RECITATION COMPETITION

On the Occasion of 75th Anniversary of Indian Independence “**AZADI KA AMRIT MAHOTSAVA**”, Our institute had successfully organised “**Shloka Recitation Competition**” on 6th September,2021 at APM’s Ayurveda Mahavidyalaya,Sion,Mumbai-22

SHLOKA RECITATION COMPETITION commenced sharply on 2:00pm with Dhanvantari Poojan by Dr.Ganesh Puradkar, Dr. Pravin Patil and Vd. S.M.Satpute followed by Dhanvantari Stavana sung by Dr. Anupama Jog.

The co-ordinator of this program were Dr. Pravin Patil (Asst Professor, Samhita Department),the participants were guided by **Vd.S.M. Satpute Sir, Vd Ashok Ramteke Sir And Vd.Ravi More Sir.**

In this Competition, total 13 students actively participated in the competition and the mesmerizing recitation of beautiful shloka of Ashtang Hrudaya Chapter 11 was done by the participants with utmost sincerity. Out of them, winners were declared by our examiners **Vd. Anaya Patrikar and Vd. Ganesh puradkar.**

Participants awarded as the winners of Shloka Recitation Competition were -

- 1) MANALI MADAGE**
- 2) SHRADDHA JOSHI**

It was a pleasure to see the students participating with zeal and enthusiasm. The Programme was very well and smoothly conducted on time. With the vote of thanks given by Dr. Pravin Patil the programme was concluded. Some of the snaps of competition were taken and is attached below.